Travel Agencies Brochure

PREMIUM WELLNESS

CONCEPTS | EXPERIENCES | RETREATS

The Company

Who we are

Premium Wellness is a leading agency creating memorable personalised Wellness experiences for individuals and groups.
We develop innovative and creative concepts for clients looking for exclusive treatments and activities.
Our partnerships include Hotels, Companies, Wellness Centers, Concierge offices and Private clients with special requests.

Paris Angelika / Founder & CEO

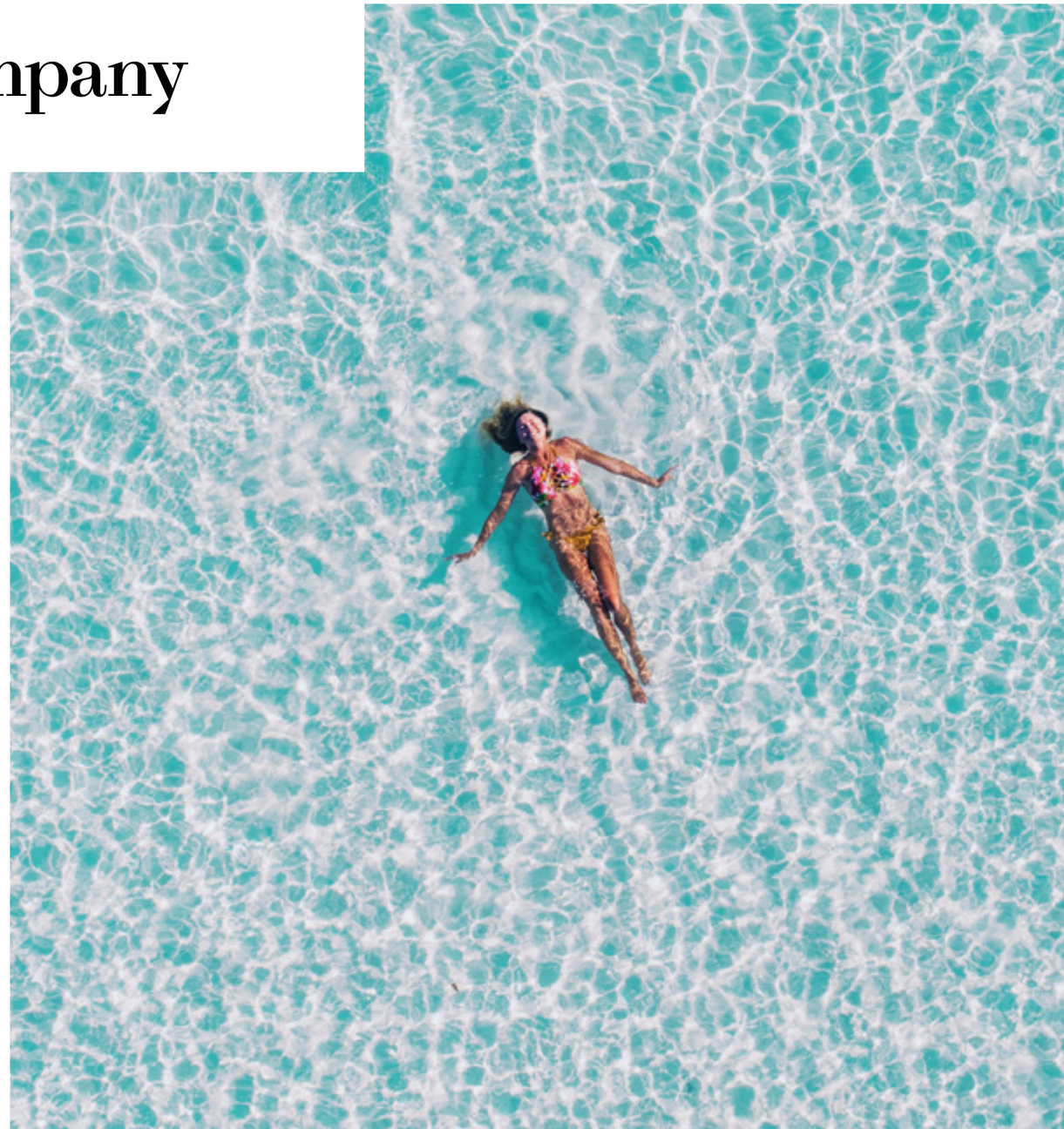
MSc Sports & Leisure Management & +20 years of experience in Business Management

Vasiliki Dimitropoulou / Well-being Specialist

BSc Sport Studies & Hatha Yoga trainer & +10 yrs of experience in Private Training & Well-being

Konstantina Triantafyllou /Beauty & SPA Specialist

Higher ND in Beauty Therapy & Management from London College of Fashion in the UK & + 15 years of experience as a SPA Manager in Luxury SPA centers



The Concept

Your personal Well-being

Wellness services & activities are essential in our everyday lives to ensure our emotional, psychological and physical condition are in balance. Morning Yoga rituals & Healthy brunches, exclusive and signature therapies & massages as well as every aspect of Well-being like Coaching, Nutritional consultation, Personal Training, Meditation & Mindfulness are our daily focus for our exclusive clients.

Our Services

Wellness Services on Demand

We co-operate with Travel Agents on a ‘Services on Demand’ basis offering a variety of Wellness experiences like Yoga, Mindfulness, Fitness, Pilates, Aqua and Kid classes supported by our experienced and high skilled professional Team around Greece. The process is simple, the Travel Agency contacts our Team following the guests request on a specific service and our Team replies instantly on availability. The service takes place at the Hotel, Villa or Yachts or outdoor depending on the guests desire.

Personalised Wellness Retreats (individuals & groups)

A Wellness Retreat offers a purposefully designed programme of therapies and activities, guided by leading health and wellness experts aiming to leave away stress, responsibilities and pressure of daily life and let the mind quiet down from its daily routine. A wellness retreat provides a much needed safe space in our busy lives, to finally slow down, to relax and experience new things. Our Team of professionals in co-operation with Travel Agents and Concierge Offices designs tailored made Wellness getaways combining Wellness activities and local cultural experiences for their exclusive clients. Travel Agents and Concierge offices have the opportunity to attract leisure travellers through these specialised Wellness packages for individuals like families, friends, special occasions and Corporate groups as well.

In house Wellness Professionals

Our Company offers the option of ‘In House Professionals’ for exclusive clients who wish to employ permanent staff during their travel. In house Raw & Vegan Chefs, Yoga and Fitness Trainers, SPA therapists, Wellness Coaches and many more are available to offer their services in Villas, Yachts or Hotels all over Greece.

Selected Clients

#Wellnessconceptdevelopment
#Servicesmenu
#Equipment
#Staffing

BRANCO HOTEL MYKONOS

Our Team worked closely with the Architects Team to design a unique Outdoor Wellness Concept for this luxury Hotel opened in Platis Gialos in 2017. The concept combined elements such as a semi indoor and outdoor Gym fully equipped with special focus on functional and cardio training and a Beach SPA with an innovative design offering to the guests the feeling of privacy and luxury right on the seaside. The main focus was to integrate all Wellness elements in the daily life of the guests and add value on the overall experience of the Hotel.

#Wellnessexperiences
#Servicesmenu
#Staffing
#Wellnessmanagement

GOLDEN HALL

Shopping & Wellness! The ultimate combination! Golden Hall, in collaboration with Premium Wellness offers Open Yoga and Pilates Mat courses on the 2nd floor of the shopping center.

#Servicesmenu
#Servicesondemand
#Staffing

DIAMOND HOTELS KOS

Diamond Collection Hotels offer a breath of fresh air to deluxe living on the island of Kos. Modern facilities, edgy design and distinctive décor bled wonderfully with immaculate service. Our Team has joined forces with Diamond Collection Team to create a Wellness & Medical concept with exclusive treatments for face and body and exceptional wellness experiences. The Menu is signed by PHYTOMER and has its roots on ancient wisdom combined modern anti-aging treatments. Summer Bliss in Kos!

ELATOS RESORT & HEALTH CLUB

Elatos Resort is a unique mountain retreat in Parnassos with 39 independent Chalets, the best choice for one of our exclusive Wellness Retreats organised throughout the year. The options include Ski Breaks, Yoga & Detox Retreats, Fitness Bootcamps or personalised Wellness Retreats for individuals or groups.

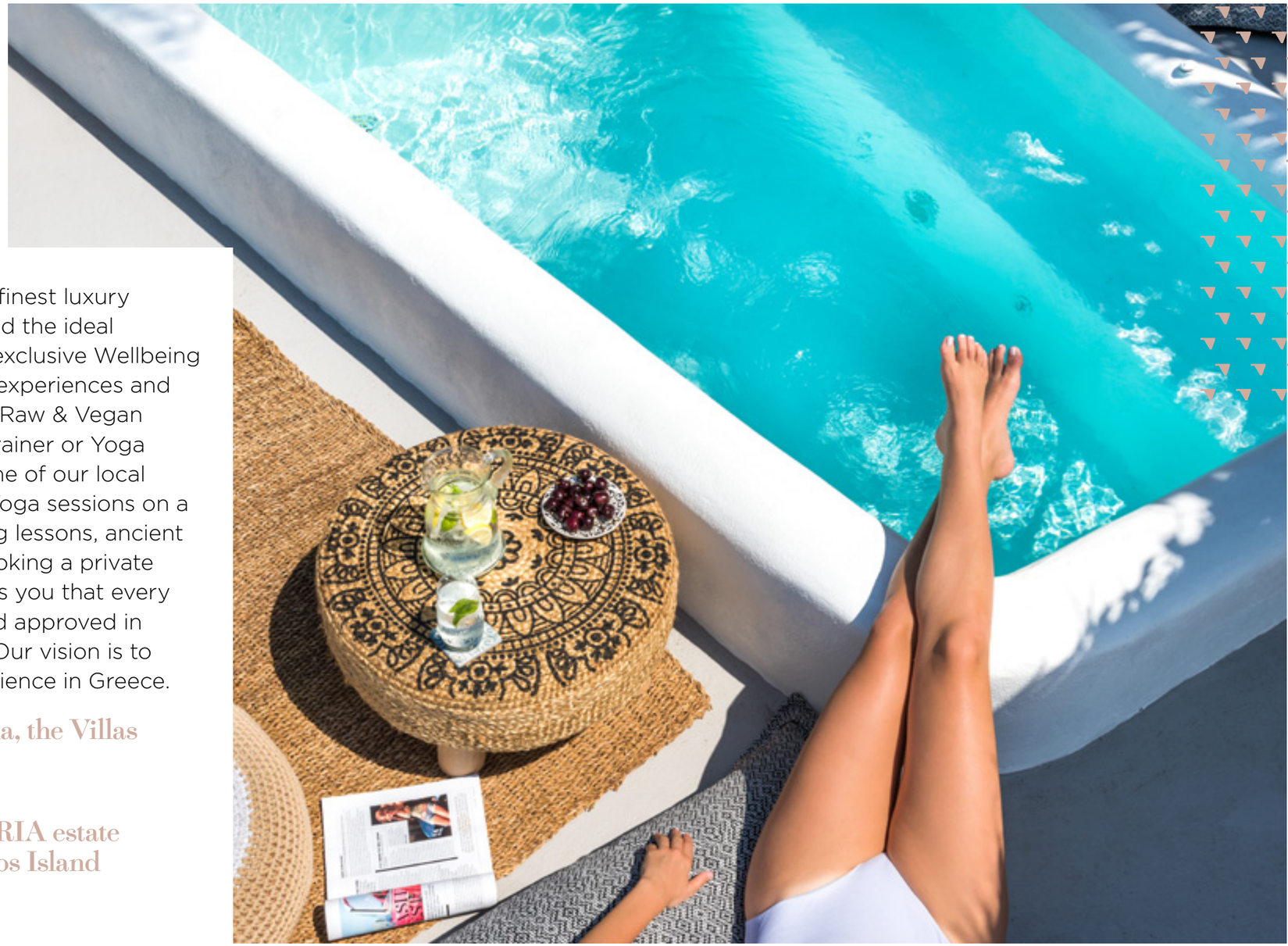
#Wellnessconceptdevelopment
#Servicesmenu
#Equipment
#Staffing
#Corporatewellness
#Wellnessretreats

GREEN PLAZA GYM

Our Team has joined forces with Grivalia Properties Team to create a Corporate GYM in Green Plaza complex in Maroussi to promote work life balance among the employees of the different companies based in the complex. A dedicated area inside the complex has been designed to offer group classes daily. The programme include experiences like Yoga and Corrective Exercise to Bodywork and Functional training workouts. Green Plaza GYM is a corporate wellness project which is managed and operated by Premium Wellness.

#Wellnessconceptdevopment
#Servicesmenu
#Staffing
#Wellnessexperiences
#Familywellness

Selected Luxury Spa Villas



Our Team of experts has selected the finest luxury SPA Villas in Greece where you can find the ideal environment to create a personalised exclusive Wellbeing & Lifestyle Retreat full of local culture experiences and wellness services. Choose an in house Raw & Vegan Chef, a massage Therapist, Personal Trainer or Yoga instructor and combine them with some of our local experiences list like daily cruises and Yoga sessions on a secluded beach, Greek cuisine Cooking lessons, ancient monuments visits and much more. Booking a private Retreat with Premium Wellness assures you that every villa has been personally inspected and approved in terms of quality and level of services. Our vision is to make your trip once in a lifetime experience in Greece.

Nomios Villas
Kea island

Elounda, the Villas
Crete

House of Gods
Lagonisi Attica

ALEGRIA estate
Mykonos Island

Summer Lovers Villa
Santorini Island

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